# WAXING

#### Ladies

Full leg, bikini tidy and under arms	£34.00
Full leg + bikini tidy	£27.50
Full leg	£22.00
3/4 Leg	£19.00
1/2 Leg	£16.00
Forearms	£11.00
Under arms	£9.50
Bikini full high	£11.50
Bikini medium	£11.00
Bikini tidy	£10.00
Eye Brows	£9.00
Lip and Chin	£13.50
Lip	£8.00
Chin	£8.00

Swimming is not advised following a waxing treatment

#### Men

Top back wax	£22.00
Full back wax	£27.50
Top back (including shoulder to elbow)	£28.50
Chest wax	£22.00
Chest (including shoulder to elbow)	£28.00

Azulene Wax is available for sensitive skins



# **OPENING TIMES**

Monday 9.30am - 6.00pm Tuesday 12.00pm - 8.30pm\* Wednesday CLOSED Thursday 9.30am - 5.30pm\* Friday 9.30am - 5.00pm Saturday - 9.00am - 2.00pm (Alternate)

> \*Tuesday and Thursday times will alternate weekly Times may vary

Please give 24 hours cancellation notice otherwise a 50% treatment charge may be made

#### GIFT VOUCHERS AVAILABLE





Please note: A one-off treatment will give good benefits, but the effects of holistic treatments are cumulative, therefore a regular course will be noticeably more beneficial.

A 20% discount will be deducted off a course of 6 holistic treatments or more when booked and paid for in advance. Or 10% for a course of 4 treatments.

Healing Touch at The Ministry of Yoga 277 Walthall Street, Crewe, CW2 7LE 07748 651877

**April 2025** 



# Healing Touch at The Ministry of Yoga Crewe



# Ann Cargill MFHT (Member of Federation of Holistic Therapies)



I.H.B.C. I.I.H.H.T. Usui System of Natural Healing



#### To find out more or book an Appointment:

Text or Ring Ann: 07748 651877 healingtouch1@hotmail.co.uk

www.healingtouch1.co.uk

#### HOLISTIC TREATMENTS

# Hot Stones Massage

Full body massage 60 mins £45.00 Back, Neck & Shoulder 30 mins £33.00

Reiki 50 mins £29.50

Reflexology 50 mins £31.50

Hopi Ear Therapy 50 mins £33.00

Indian Head Massage

With Oils 30 mins £27.00





# Massage with Aromatherapy Oils

Full Body with Acupressure 70 mins £43.50
Full Body and Scalp 65 mins £39.50
Full Body 55 mins £35.50
Back, Neck Shoulder & Scalp 40 mins £29.50
Back, Neck & Shoulders 25 mins £25.00
Full leg & foot muscle relaxant 25 mins £26.00

For those tired aching muscles, firm but fair

#### **Back Exfoliation**

Salt & Oil Scrub 45 mins £36.00

Deep cleanse and massage included

Free 10 minute consultation on all Holistic Treatments on first visit

#### **FACIALS**





## Holistic Wholebody Facial Experience

80 mins £54.50

Includes acupressure, face & neck massage, Hot towels, Back, Hand, Arm & foot massage plus mask to suit your specific skin type

As above plus scalp

90 mins £59.00

#### Deluxe Facial

70 mins £45.00

Includes acupressure, face & neck massage, Hot towels, Hand & Arm massage plus mask to suit your specific skin type

## Luxury Facial

60 mins £36.00

Includes full face & neck massage plus mask to suit your specific skin type

# Express Facial

30 mins £30.00

Cleanse, tone, exfoliation, mask to suit your specific skin type. Shoulder rub and moisturise

The express facial allows those with less time to still benefit from the full relaxation of a facial but in half the time

# ET - Skin System for Men

Deluxe Facial	70 mins £45.00
Luxury Facial	60 mins £36.00
Express Facial	30 mins £30.00

# Eve Taylor Prescriptive Facials

BioPeel Masque

70 mins £52.00

Deep moisturising for sensitive/dry skin, contains essential amino acids, glycine and lycine found in the elastic fibres of the skin improving hydration

Clarifying Peel Masque

70 mins £52.00

Rebalances and removes impurities of excess sebum. Regulates sebaceous secretions

#### Cryogenic Peel Masque

70 mins £52.00

Anti ageing algae mask contains spirulina which stimulates cell removal and firms tissue, an instantaneous tonic



## Eyebrows and Lashes

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Eyebrow Tidy - Tweezed	£8.00
Eyebrow Shape - Waxed	£8.50
Eyelash Tint	£11.50
Eyebrow Tint	£9.50
Lash Tint & Tidy	£16.50
Brow Tint & Tidy	£15.50
Lash and Brow Tint	£18.50
Lash and Brow Tint & Tidy	£23.00

Patch Test is required 24 hours prior to treatment